

RAW DUCK

WHOLE FOOD RECIPE FOR PUPPIES,
LACTATING AND ADULT DOGS

Contains egg, shellfish, fish

WHAT YOU'LL NEED

X lbs raw **Duck meat (no skin or bone)**

X lbs raw **Duck Necks**

X lb raw **Duck heart**

X lb raw **Duck liver**

X lb raw **asparagus**

X lb raw **egg yolks**

X g ground **pumpkin/squash seed kernels**

X g **chia seeds**

X g wild frozen **blueberries**

X oz. **canned sardines in water**

X g Whole Foods **Kelp**

X g ground **cinnamon**

X g ground **ginger**

5 g dried **oregano**

X g **table salt**

A FEW NOTES

- Cinnamon and ginger are high in manganese
- Egg yolks are high in Vitamin D
- Recipe can be doubled or tripled and frozen for use later



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HEALTH DETAILS

This recipe yields 10.53 pounds of food.

As a percentage of calories this recipe yields:

Protein:	52%
Fat:	45%
Digestible Carbs:	3%

As a fed this recipe yields:

Protein	16%
Fat:	6%
Ash:	2%
Moisture:	75%
Digestible Carbs:	1%

On a Dry Matter Basis this recipe yields:

Protein:	62%
Fat:	24%
Ash:	8%
Fiber:	2%

Calories/oz: 34

Per 1000kCal:

MINERALS:

Calcium (g):	3.68
Phosphorous (g):	3.61
Potassium (g):	1.95
Sodium (g):	0.84
Magnesium (g):	0.69
Iron (mg):	65.82
Copper (mg):	6.52
Manganese (mg):	1.84
Zinc (mg):	25.37
Iodine (mg):	0.29
Selenium (mg):	0.166

VITAMINS

Vitamin A (IU):	11111
Vitamin D (IU):	126
Vitamin E (IU):	16.34
Thiamine (mg):	1.98
Riboflavin (mg):	3.00
Niacin (mg):	33.63
Pantothenic Acid (mg):	14.97
Vitamin B6 (mg):	2.43
Vitamin B12 (mg):	0.075
Folate (mg):	0.851
Choline (mg):	716

FATS

Total Fats (g):	49.86
Omega 6/ Omega 3:	4.22:1

AMINO ACIDS

Total Protein (g):	129.92
Tryptophan (g):	0.97
Threonine (g):	2.99
Isoleucine (g):	3.58
Leucine (g):	5.93
Lysine (g):	5.61
Methionine (g):	1.80
Methionine-cysteine (g):	2.82
Phenylalanine (g):	3.10
Phenylalanine-tyrosine (g):	5.70
Valine (g):	3.85
Arginine (g):	5.50

GENERAL FEEDING GUIDELINES

This is a general guideline for an active dog and, of course, will vary depending on the activity level, age and breed of your dog. If you don't know how much to feed your dog ask your vet

Typical 10 pound dog	350 kcal/day
20 lb dog	600 kcal/day
40 lb dog	1000 kcal/day
80 lb dog	1600 kcal/day

Changing or substituting ingredients will alter the nutritional profile. Consult with someone who knows about your dog's current health and health background (your vet or wellness practitioner) if you have questions on how to begin a home feeding program or if you want to make changes to the recipes. These recipes are created out of sheer love of fresh feeding and our desire help you nourish your pets better. They are not intended to replace nutritional advice or medical care from your vet. All questions about your pet's diet should be directed to your vet or health practitioner who can partner directly with you to ensure you're tailoring your animal nutritional needs around his or her current age, breed, health and metabolic status

